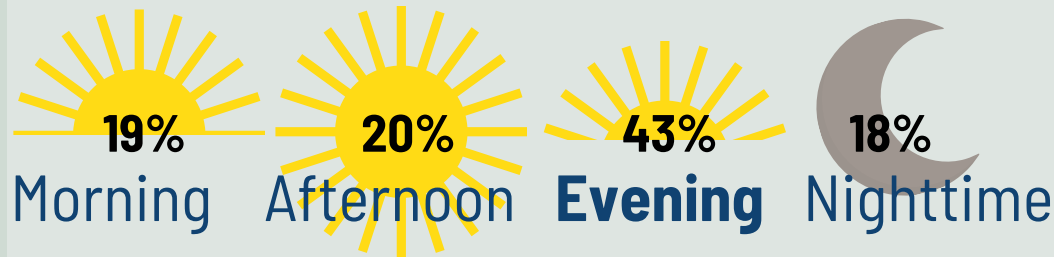


STUDY SNACK HABITS



ALMOST HALF OF ALL STUDYING HAPPENS IN THE EVENING.

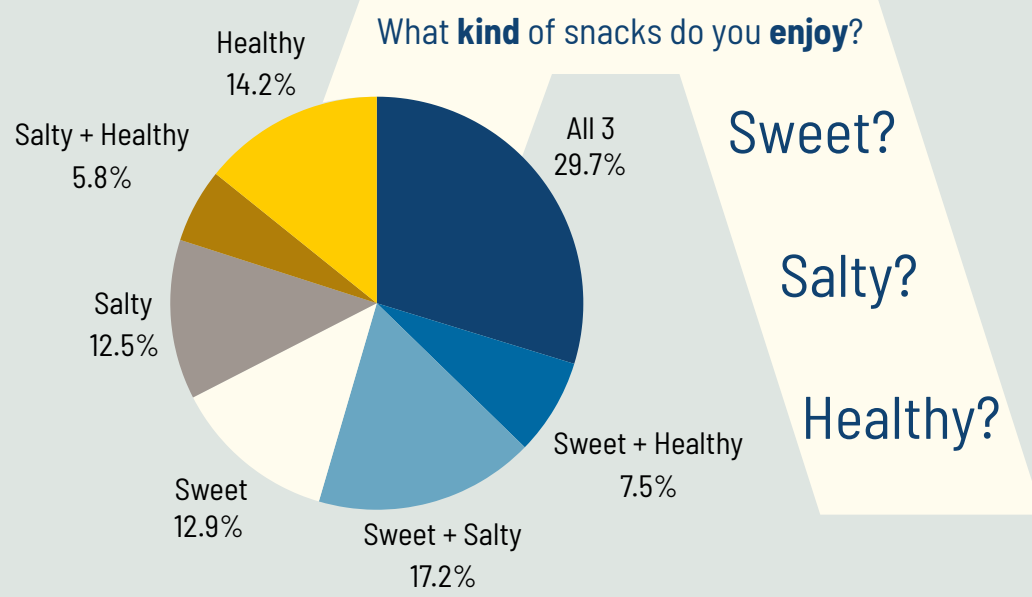


81.5% SNACK WHILE STUDYING.



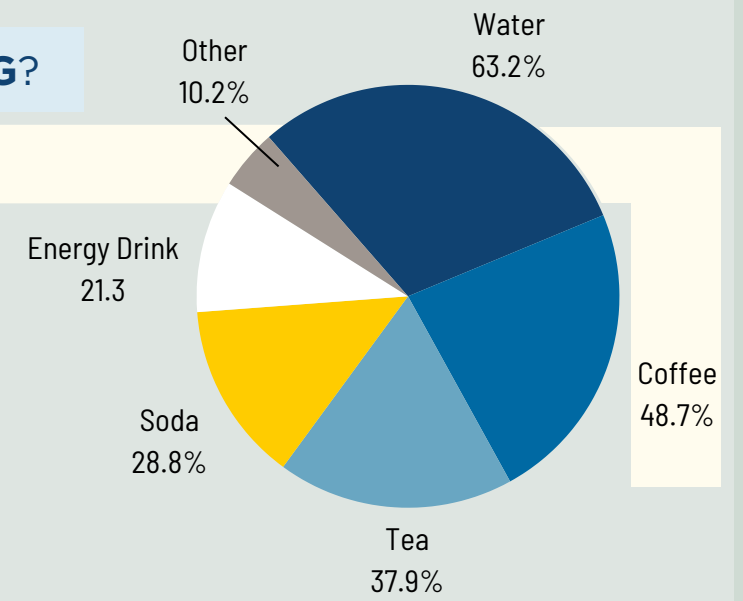
Are you staying hydrated?

● Have a sip (%) ● Skip (%)



Sweet?
Salty?
Healthy?

WHAT ARE YOU SIPPING?



The 5 weirdest snacks you're eating!

1. Spray Cheese & Chocolate Covered Pretzels
2. Pickles and Peanut Butter
3. Scorpion Lollipop
4. Pickles and Snickers
5. Cornflakes Drenched in Ketchup

Does snacking help you focus?



TRUST ISSUES?



32% of you hide your snacks from others. Very sneaky!



Whether crunching on chips or carrots, 65% of you do not care if people can hear you chewing.

